



Flying Fifteen Championship of Ireland

30th July – 1st August 2010

Carrickfergus Sailing Club

Sailing Instructions



Established 1866

1. Rules

- 1.1. The regatta will be governed by the rules as defined in *The Racing Rules of Sailing*.
- 1.2. The rules of the Flying Fifteen Association Ireland will apply.

2. Notices to Competitors

- 2.1. Notices to competitors will be posted on the official notice board(s) located in the foyer of the clubhouse.

3. Changes to Sailing Instructions

- 3.1. Any change to the sailing instructions will be posted before 0900 on the day it will take effect, except that any change to the schedule of races will be posted by 2000 on the day before it will take effect.

4. Signals Made Ashore

- 4.1. Signals made ashore will be displayed at the club battery.
- 4.2. When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 60 minutes' in the race signal AP.

5. Schedule of Races

- 5.1. Dates of racing: Friday 30th July to Sunday 1st August 2010
- 5.2. Number of races: Six
- 5.3. One extra race per day may be sailed, provided that no class becomes more than one race ahead of schedule and the change is made according to instruction 3.
- 5.4. The scheduled time of the warning signal for the first race each day is 17:00 on Friday and 11:30 on Saturday and Sunday.
- 5.5. After a long postponement, to alert boats that a race or sequence of races will begin soon, an orange flag will be displayed with one sound for at least four minutes before a warning signal is displayed.
- 5.6. On the last day of the regatta no warning signal will be made after 15:00.

6. Class Flags

- 6.1. The Class flag will be Numeral Pennant 6.

7. Racing Areas

- 7.1. The Race Area will be located off Carrickfergus Sailing Club.

8. The Courses

- 8.1. The diagrams in Attachment A show the courses, including the approximate angles between legs, the order in which marks are to be passed, and the side on which each mark is to be left.
- 8.2. The course to be sailed will be indicated by a flag flying on the committee boat no later than then the warning signal.

9. Marks

- 9.1. Marks 1, 2, 3 and 4 will be Red Spherical Marks.
- 9.2. The starting and finishing marks will be Green Spherical Marks.

10. The Start

- 10.1. The starting line will be between a red and white staff on the starting mark at the starboard end and the port-end starting mark.
- 10.2. A boat starting later than 10 minutes after her starting signal will be scored Did Not Start without a hearing. This changes rules A4 and A5.
- 10.3. If any part of a boat's hull, crew or equipment is on the course side of the starting line during

the two minutes before her starting signal, the race committee will display flag V. It will be displayed until all boats have sailed completely to the pre-start side, but not after the starting signal. When the V flag is being used in conjunction with Rule 30.3 (Black Flag Rule) it will not be displayed one minute before the starting signal. Failure to display flag V will not be grounds for a request for redress. This changes rule 62.1(a).

11. Change of the Next Leg of the Course

11.1. To change the next leg of the course, the race committee will move the original mark (or the finishing line) to a new position.

12. Shortened Course

12.1. If a committee vessel located in the vicinity of Mark 3 displays Flag “F” with repeated sound signals this will mean - “course is shortened and proceed to finishing line”.

12.2. This is an addition to RRS 32.

13. The Finish

13.1. The finishing line will be between a red and white staff on the finishing mark at the starboard end and the port-end finishing mark.

14. Time Limits

14.1. Time limits are as follows: 2 hours

14.2. Boats failing to finish within 20 minutes after the first boat sails the course and finishes will be scored Did Not Finish without a hearing. This changes rules 35, A4 and A5.

15. Protests and Requests for Redress

15.1. In addition to the obligations in RRS 61.1 (a) protesting boats shall, immediately after finishing, inform the Race Officer of the sail number(s) of boat(s) protested against.

15.2. Protest forms are available at the race office. Protests and requests for redress or reopening shall be delivered there within the appropriate time limit.

15.3. For each class, the protest time limit is 90 minutes after the last boat has finished the last race of the day.

15.4. Notices will be posted no later than 30 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held in the protest room, located as described in the notice, beginning at the time posted.

15.5. Notices of protests by the race committee or protest committee will be posted to inform boats under rule 61.1(b).

15.6. Breaches of instructions 17. , 20. will not be grounds for a protest by a boat. This changes rule 60.1(a). Penalties for these breaches may be less than disqualification if the protest committee so decides. The scoring abbreviation for a discretionary penalty imposed under this instruction will be DPI.

15.7. On the last scheduled day of racing a request for reopening a hearing shall be delivered (a) within the protest time limit if the requesting party was informed of the decision on the previous day;

(b) no later than 30 minutes after the requesting party was informed of the decision on that day.

This changes rule 66.

15.8. On the last scheduled day of racing a request for redress based on a protest committee decision shall be delivered no later than 30 minutes after the decision was posted. This changes rule 62.2.

15.9. The Exoneration Penalty and the Advisory Hearing and RYA Arbitration procedures of the RYA Rules Disputes Procedures will be available. See the official notice board for details.

16. Scoring

16.1. Two races are required to be completed to constitute a series.

(a) When fewer than four races have been completed, a boat’s series score will be the total of her race scores.

(b) When four or more races have been completed, a boat’s series score will be the total of her race

scores excluding her worst score.

17. Safety Regulations

17.1. Before going afloat each day a representative of each boat on behalf of that boat, shall sign a "Sign Out" Declaration at the Race Office. When returning to shore a representative of each boat shall on behalf of that boat, sign a "Sign In" Declaration at the Race Office before the expiration of Protest time. Failure to sign in by the one and half hour limit after the last boat finishes will result in that boat being scored "DNF" for all races sailed on that day when either Declaration was not signed.

17.2. Competitors shall wear personal buoyancy, except briefly while changing or adjusting clothing or personal equipment.

17.3. A boat that retires from a race shall notify the race committee as soon as possible.

18. Replacement of Crew or Equipment

18.1. Substitution of competitors will not be allowed without prior written approval of the race committee.

18.2. Substitution of damaged or lost equipment will not be allowed unless authorized by the race committee. Requests for substitution shall be made to the committee at the first reasonable opportunity.

19. Equipment and Measurement Checks

19.1. A boat or equipment may be inspected at any time for compliance with the class rules and sailing instructions. On the water, a boat can be instructed by a race committee equipment inspector or measurer to proceed immediately to a designated area for inspection.

20. Support Boats

20.1. Team leaders, coaches and other support personnel shall stay outside areas where boats are racing from the time of the preparatory signal for the first class to start until all boats have finished or retired or the race committee signals a postponement, general recall or abandonment.

21. Prizes

21.1. Prizes will be given as follows: 1st, 2nd, 3rd overall in Gold, Silver, Bronze and Classic fleets.

22. Disclaimer of Liability and Insurance

22.1. A boat is entirely responsible for her own safety, whether afloat or ashore, and nothing, whether in the Notice of Race or Sailing Instructions or anywhere else, reduces this responsibility.

22.2. It is for the boat to decide whether she is fit to sail in the conditions in which she will find herself. By launching or going to sea, the boat confirms that she is fit for those conditions and her crew is competent to sail and compete in them.

22.3. The boat is required to hold adequate insurance and in particular to hold insurance against third party claims in the sum of at least £2m sterling.

22.4. Nothing done by the organisers can reduce the responsibility of the boat nor will it make the organisers responsible for any loss, damage, death or personal injury, however it may have occurred, as a result of the boat taking part in racing. The organisers encompass everyone helping to run the race and the event, and include the organising authority, the race committee, the race officer, patrol boats and beach masters.

22.5. The provision of patrol boats does not relieve the boat of her responsibilities.

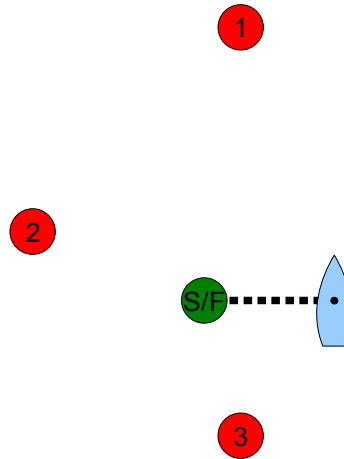
Attachment A

Olympic Triangle Course

Flag O

Start, 1, 2, 3, 1, 3, 1, 2, 3, Finish

All marks rounded to port.

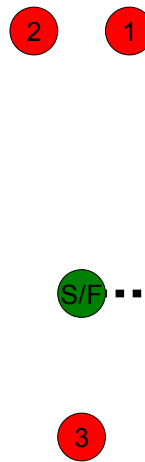


Windward/Leeward Course

Flag W

Start, 1, 2, 3, 1, 2, 3, 1, 2, 3, Finish

All marks rounded to port.



Windward/Leeward Triangle Course

Flag T

Start, 1, 4, 3, 1, 2, 3, 1, 4, 3, Finish

All marks rounded to port.

